Mobile phones and the internet have made it easier to stay in contact with other people. However, as a lot of time is spent using telephones and computers, there is less face-to-face contact and direct communication. Is the growing use of communication technology a positive or negative development for society?

There is no doubt many things have ~~has~~ changed in the last few decades. ~~there are~~ many ways that technology affects our relationships. I ~~,I~~ believe that the positives outweigh the negatives.

To begin with, the most obvious transformation in people's relationship is how they communicate with each other. By this I mean that the internet has converted the world into a small village and nowadays people around the world can reach each other easily and rapidly. For example, a friend who lives in the US can chat ~~and talk~~ with his/her friends in China using a mobile phone or social networks. In addition, human life has become more convenient. This ~~,this~~ provides people with the opportunity to spend their leisure time. ~~,~~ we can buy items ~~things~~ or work at ~~in~~ home without going out ~~outside~~ anymore. Besides, they can communicate with others in a ~~the~~ wider range of connection by using social media such as Facebook, Twitter or Instagram. This situation will globally lead people into worldwide relationships.

On the other hand, many people believe that technological aspects are adversely affecting individual relationships ~~badly~~. They opine that ~~,~~ if we ~~didn't~~ did not have these kinds of technology, we would ~~have been~~ be visiting each other regularly. Furthermore, if somebody uses ~~the long-term of~~ cyber communication tools over the long term, they ~~he/she~~ will be shy and seriously unsociable.

In a nutshell, making use of the most up-to-date technologies ~~y~~ is pleasurable. However, in order to gain/achieve ~~of~~ the best result ~~to be expected~~, restrictions should be set in advance to avoid over-usage or abuse of the technology.